

# The Audiobook CATALOG

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>> Self-Help Edition



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# The Audiobook

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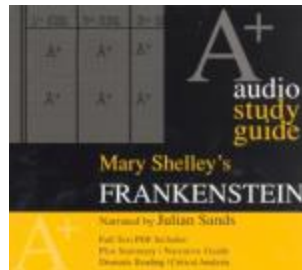
**Self Help**

## A+ Audio Guide: Frankenstein

**Author**  
Richard Kaye

**Reader**  
Julian Sands

**Price**  
\$ 6.98



A+ Audio is the innovative audio study guide series that will help you better understand, appreciate, and enjoy great works of literature.

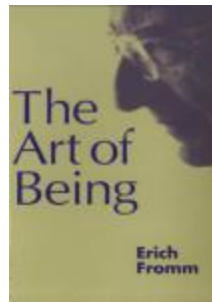
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## Art of Being, The

**Author**  
Erich Fromm

**Reader**  
Raymond Todd

**Price**  
\$ 12.95



This classic work by psychologist and social philosopher Eric Fromm builds upon his previous popular book To Have or to Be? The Art of Being teaches us to avoid the tantalizing illusions of our con...

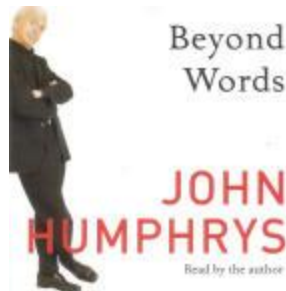
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## Beyond Words

**Author**  
John Humphrys

**Reader**  
John Humphrys

**Price**  
\$ 16.75



Here the ever-popular presenter of the Today programme and best-selling author of Lost for Words takes a sharp look at our current phrases and expressions to expose the often hidden attitudes...

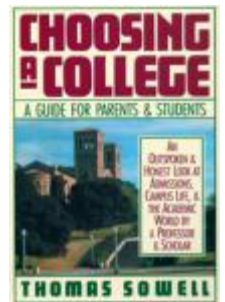
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## Choosing a College

**Author**  
Thomas Sowell

**Reader**  
Robert Morris

**Price**  
\$ 16.95



Subtitled A Guide for Parents & Students, this book starts you at square one, before you know what questions to ask, what colleges to read about, or what statistics to look up. Sowell pulls no punc...

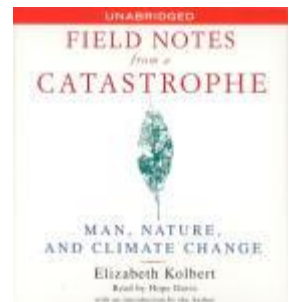
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## Field Notes From a Catastrophe (Unabridged)

**Author**  
Elizabeth Kolbert

**Reader**  
Hope Davis

**Price**  
\$ 17.95



Americans have been warned that the buildup of carbon dioxide in our atmosphere threatens to melt the polar ice sheets and irreversibly change our climate. The question is what can be done?

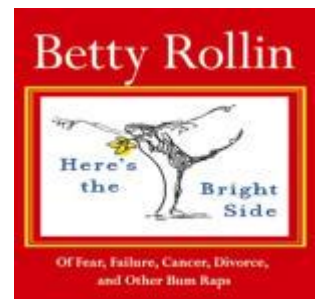
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## Here's the Bright Side: Of Failure, Fear, Cancer, Divorce, and Other Bum Raps

**Author**  
Betty Rollin

**Reader**  
Pam Ward

**Price**  
\$ 9.95



This is a wise, moving, and funny book about what people gain from situations of loss. Sharing stories of the positive outcomes of failure, divorce, and widowhood, as well as her own evolving joy as a cancer survivor, Rollins offers a unique and inspirational view of how people often find...

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**Simple Steps**

**Author**  
Lisa Lelas, Linda McClintock,  
and Beverly Zingarella

**Reader**  
Celeste Lawson

**Price**  
\$ 16.95



Let the women who established the popular Simple Steps program tell you how to soothe your soul and simplify your life in just ten weeks. Each week, learn a new simple step for addressing the key a...

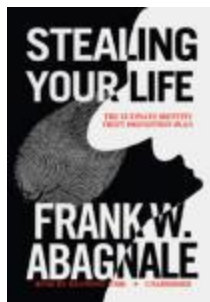
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**Stealing Your Life: The Ultimate Identity Theft Prevention Plan**

**Author**  
Frank W. Abagnale

**Reader**  
Raymond Todd

**Price**  
\$ 16.95



When Frank Abagnale trains FBI agents about identity theft, he asks for their addresses and nothing more. The next day, he returns with everything he would need to steal their lives. From an unsurpassed authority on the latest identity-theft schemes comes this reference guide that everyone needs.

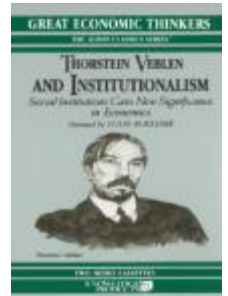
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**Thorstein Veblen and Institutionalism: Social Institutions Gain New Significance in Economics**

**Author**  
Dr. William Peterson

**Reader**  
Louis Rukeyser

**Price**  
\$ 25.00



Institutionalism is an economic point of view that emphasizes the role of social organization and structure in modern economic life. Thorstein Veblen (1857-1929), an American son of Norwegian immigrants was instrumental in creating this school of thought in the early twentieth century, and he...

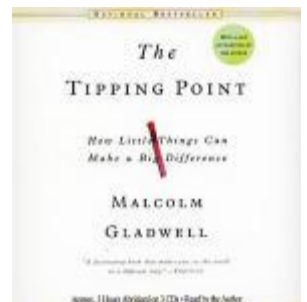
<http://www.talking-book-store.com/Title.aspx?titleId=6824>

**Tipping Point, The**

**Author**  
Malcolm Gladwell

**Reader**  
Malcolm Gladwell

**Price**  
\$ 12.75



A look at why major changes in our society so often happen suddenly and unexpectedly.

<http://www.talking-book-store.com/Title.aspx?titleId=10097>

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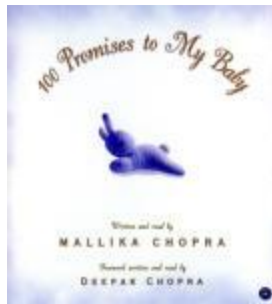
**Self Help / Personal  
Growth**

## 100 Promises to My Baby

**Author**  
Mallika Chopra

**Reader**  
Mallika Chopra and Deepak Chopra

**Price**  
\$ 14.95



A lyrical ode to maternal love -- and a universal expression of every mother's hopes and dreams for her child.

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## 12: The Elements of Great Managing

**Author**  
Rodd Wagner

**Reader**  
James K Harter

**Price**  
\$ 17.95



The long awaited sequel to the Million-Copy Classic that Revolutionized Employee Engagement.

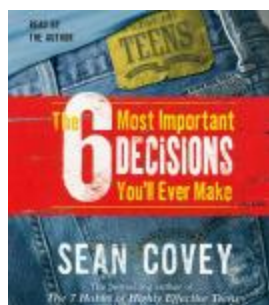
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## 6 Most Important Decisions You'll Ever Make, The

**Author**  
Sean Covey

**Reader**  
Sean Covey and Teens

**Price**  
\$ 21.00



"This book is way better than Sean's first one, and that one was GREAT! Every teen in the world should read this book. And, oh yea. it was really funny." - Matt Klymochko, Teenager

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## A Guide To Self-Esteem and Self-Confidence

**Author**  
Andy Guides

**Reader**  
-

**Price**  
\$ 13.25



Not only does this report include timely tips and advice on how to achieve self-confidence and self-esteem but also tips on how to communicate effectively and date with confidence!

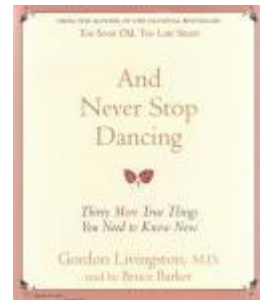
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## And Never Stop Dancing (Unabridged)

**Author**  
Gordon Livingston, MD

**Reader**  
Bruce Barker

**Price**  
\$ 17.95



Dr. Gordon Livingston's national bestseller, Too Soon Old, Too Late Smart, has drawn tens of thousands...

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## Bad Childhood, Good Life

**Author**  
Dr. Laura Schlessinger

**Reader**  
Dr. Laura Schlessinger

**Price**  
\$ 14.95



In her most important book yet, Dr Laura Schlessinger shows men and women that they can have a good life no matter how bad their childhood was.

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**Balance: In Search of the Lost Sense**

**Author**  
Scott McCredie

**Reader**  
Bob Craig

**Price**  
\$ 17.49



A scientific, historical, and practical exploration of how balance works, Balance also provides the keys to remaining upright for as long as humanly possible.

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**Be Creative**

**Author**  
Guy Claxton & Bill Lucas

**Reader**  
Guy Claxton & Bill Lucas

**Price**  
\$ 13.49



Release your imagination and recognise your creative intelligence.

<http://www.talking-book-store.com/Title.aspx?titleId=1316>

**Boosting Your Confidence**

**Author**  
Andrew Johnson

**Reader**  
Andrew Johnson

**Price**  
\$ 10.00



If you feel like you need more self confidence in life, then this may be the CD for you.

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**Boys Will Put You On A Pedestal**

**Author**  
Phil Van Munching

**Reader**  
Phil Van Munching

**Price**  
\$ 15.95



"Boys Will Put You on a Pedestal is a fresh, informative, and entertaining guidebook that's a must read for every young woman in America.

<http://www.talking-book-store.com/Title.aspx?titleId=1447>

**Burnt Toast**

**Author**  
Teri Hatcher

**Reader**  
Deanna Hurst

**Price**  
\$ 17.48



Fed up of not living life to the full? Not getting the most out of your day? Teri Hatcher, star of the hit TV series Desperate Housewives shows you how to maximise happiness...

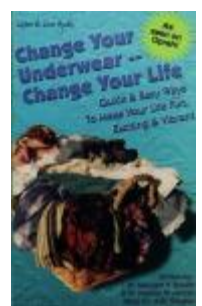
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**Change Your Underwear - Change Your Life**

**Author**  
Dr. Maryann Troiani and Dr. Michael Mercer

**Reader**  
Julie Schaller

**Price**  
\$ 11.00



A call to action and vibrancy - a call to improve your life. Written by Dr Trioni and Dr Mercer and read by Julie Schaller.

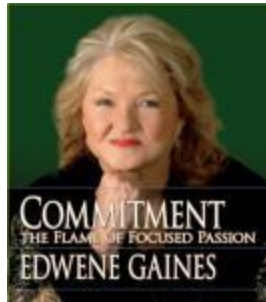
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### Commitment: The Flame of Focused Passion

**Author**  
Edwene Gaines

**Reader**  
Edwene Gaines

**Price**  
\$ 17.98



An audio recording of the Commitment workshop recorded at Unity of Dayton, Ohio, focusing on the intense power of commitments.

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### Confidence Plan, The

**Author**  
Sarah Litvinoff

**Reader**  
Sarah Litvinoff

**Price**  
\$ 13.49



Learn how to be more confident for success in both your professional and personal lives.

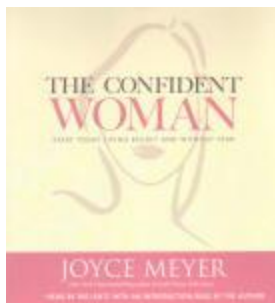
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### Confident Woman, The

**Author**  
Joyce Meyer

**Reader**  
Pat Lentz

**Price**  
\$ 20.99



In THE CONFIDENT WOMAN, Joyce Meyer draws on her decades of experience interacting with and ministering to women...

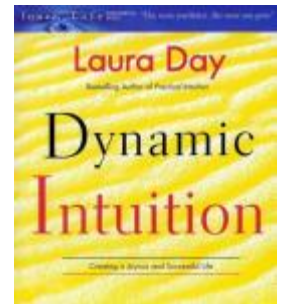
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### Dynamic Intuition

**Author**  
Laura Day

**Reader**  
Laura Day

**Price**  
\$ 11.95



Bestselling author of practical intuition Laura Day helps you unleash your intuitive power.

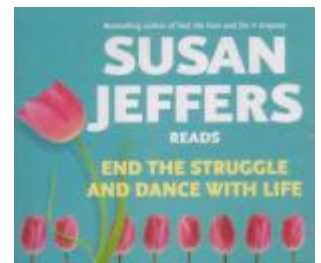
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### End the Struggle and Dance with Life

**Author**  
Susan Jeffers

**Reader**  
Susan Jeffers

**Price**  
\$ 16.75



From the author of the bestselling classic FEEL THE FEAR AND DO IT ANYWAY comes a book of inspirational advice to heal the spirit and lift the weight of the world..

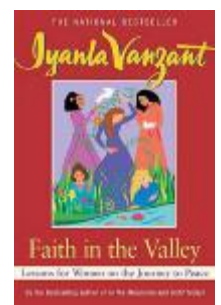
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### Faith In The Valley

**Author**  
Iyanla Vanzant

**Reader**  
Iyanla Vanzant

**Price**  
\$ 11.95

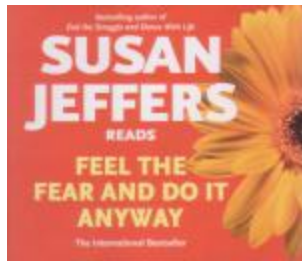


Faith in the Valley was written to help you feel less lonely, by reminding you that you really aren't ever alone since God is always by your side.

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### Feel the Fear and Do it Anyway

**Author**  
Susan Jeffers



**Reader**  
Susan Jeffers

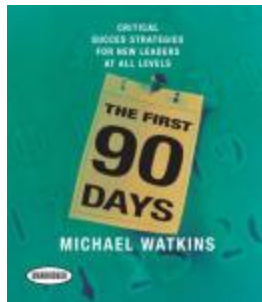
**Price**  
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Susan Jeffers' bestselling guide to changing your life. What is stopping you from being the person you want to be and living your life the way you want to live it? ..

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### First 90 Days, The

**Author**  
Michael Watkins



**Reader**  
Kevin T. Norris

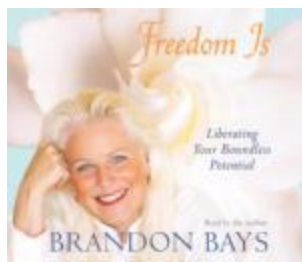
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You've just been promoted to a new leadership position. You're not yet sure of the challenges ahead or how you will meet them. All you know is that you have three months to prove yourself...

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### Freedom is

**Author**  
Brandon Bays



**Reader**  
Brandon Bays

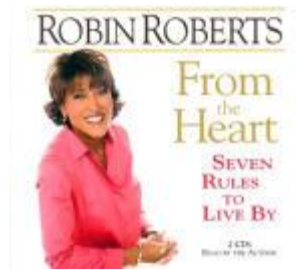
**Price**  
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FREEDOM IS - Liberating your Boundless Potential read by the Author Brandon Bays

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### From the Heart: Seven Rules to Live By

**Author**  
Robin Roberts



**Reader**  
Robin Roberts

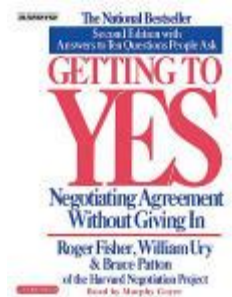
**Price**  
\$ 13.99

Seven rules to live by. In this little audiobook with a big heart, Robin imparts her valuable wisdom through personal stories and inspirational reflections on how you can be your best self.

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### Getting To Yes

**Author**  
Roger Fisher, William Ury, Bruce Patton



**Reader**  
Murphy Guyer

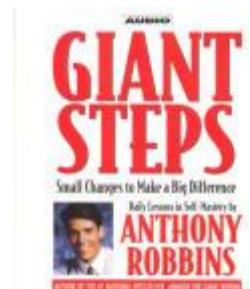
**Price**  
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Getting to Yes is a straightforward, universally applicable method for negotiating personal and professional disputes without getting taken -- and without getting angry.

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### Giant Steps

**Author**  
Anthony Robbins



**Reader**  
Anthony Robbins

**Price**  
\$ 11.95

Bestselling author and peak performance consultant Anthony Robbins offers daily inspirations and small actions - exercises - with giant steps forward in the quality of your life.

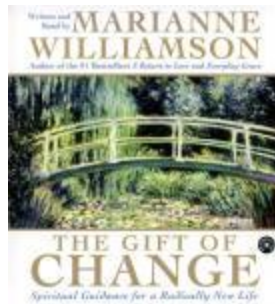
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**Gift of Change, The**

**Author**  
Marianne Williamson

**Reader**  
Marianne Williamson

**Price**  
\$ 19.95



In this audio, bestselling author Marianne Williamson delves deeply into the powerful role of change in our lives today.

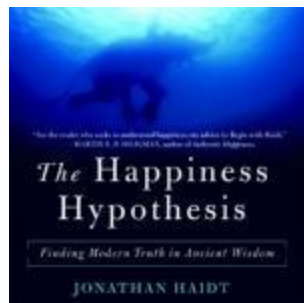
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**Happiness Hypothesis, The**

**Author**  
Jonathan Haidt

**Reader**  
George K Wilson

**Price**  
\$ 29.98



This is a book about ten Great Ideas. Each chapter is an attempt to savor one idea that has been discovered by several of the world's civilizations.

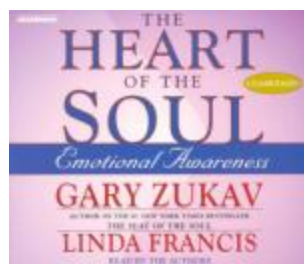
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**Heart of the Soul**

**Author**  
Gary Zukav, Linda Francis

**Reader**  
Gary Zukav, Linda Francis

**Price**  
\$ 18.95



In The Seat of the Soul, prize-winning author Gary Zukav explained how the expansion of human perception beyond the five senses leads to a new understanding of "authentic power."

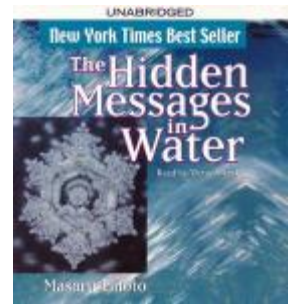
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**Hidden Messages in Water, The**

**Author**  
Masaru Emoto

**Reader**  
Victor Slezak

**Price**  
\$ 14.95



The message Dr. Emoto finds in water is one of personal health, global environmental renewal, and a practical plan for peace that starts with each one of us.

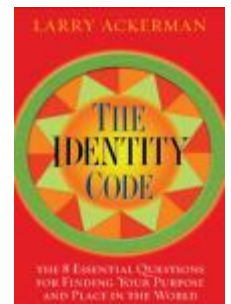
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**Identity Code, The**

**Author**  
Larry Ackerman

**Reader**  
Brian Emerson

**Price**  
\$ 19.95



In this life-transforming book, Larry Ackerman provides a practical key for uncovering your purpose. Your identity code, much like your genetic code, provides a complete map of who you are and how ...

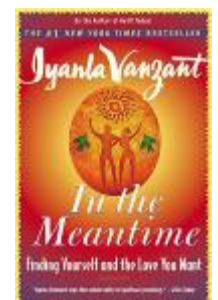
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**In The Meantime**

**Author**  
Iyanla Vanzant

**Reader**  
Iyanla Vanzant

**Price**  
\$ 10.95



The #1 National Bestseller! In this book, Iyanla Vanzant teaches us how to do our mental housekeeping so that we can clean the windows, floors, walls, closets, and corners of our minds.

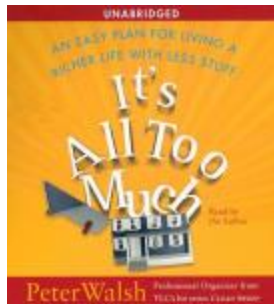
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**It's All Too Much**

**Author**  
Peter Walsh

**Reader**  
Peter Walsh

**Price**  
\$ 17.95



If somewhere along the way you've simply lost the ability to keep your home organized and clutter-free, then It's All Too Much has the solution you've been searching for.

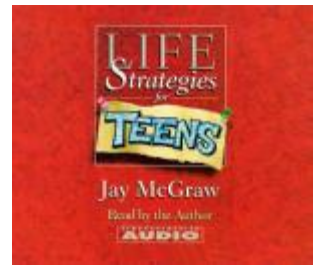
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**Life Strategies for Teens**

**Author**  
Jay McGraw

**Reader**  
Jay McGraw

**Price**  
\$ 11.95



Whether you are a teen looking for a little help, or a parent or grandparent wanting to provide guidance, this book tackles the challenges of adolescence like no other.

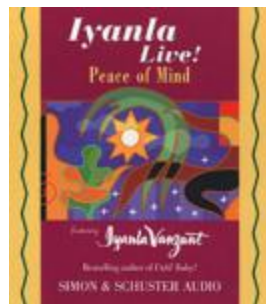
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**Iyanla Live! Peace of Mind**

**Author**  
Iyanla Vanzant

**Reader**  
Iyanla Vanzant

**Price**  
\$ 7.95



By exercising the three laws of physics -- Inertia, Proportional Force, and the Law of Action -- we can hold our center in the face of a crazy world.

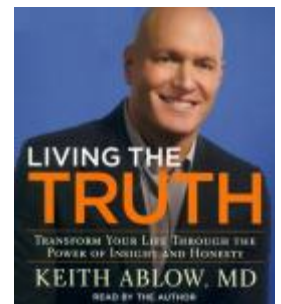
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**Living The Truth**

**Author**  
Keith Ablow, MD

**Reader**  
Keith Ablow, MD

**Price**  
\$ 14.98



With compassion and authority, Dr. Ablow presents illuminating stories from his practice, straight-up advice and strategies, and a personal workbook.

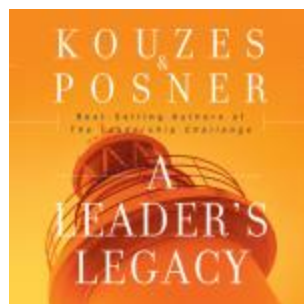
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**Leader's Legacy, A**

**Author**  
J. Kouzes & B. Posner

**Reader**  
J. Kouzes & B. Posner

**Price**  
\$ 24.98



Jim Kouzes and Barry Posner have done it again! In clear, concise essays filled with wisdom and insight, they set the standard of what leaders need to be in order to excel in the twenty-first century.

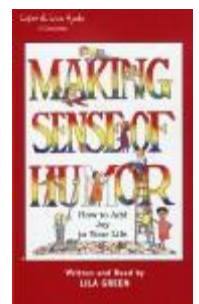
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**Making Sense of Humor**

**Author**  
Lila Green

**Reader**  
Lila Green

**Price**  
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Fun-filled tips on how to inject humor into your home, office, family celebrations and more.

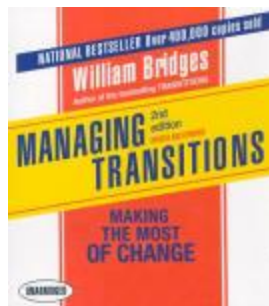
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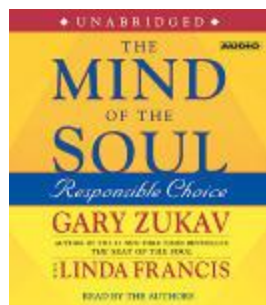
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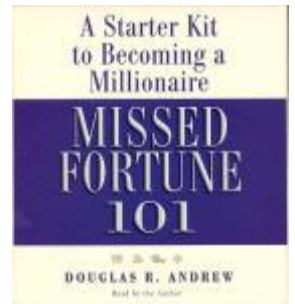
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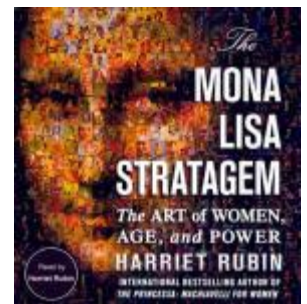
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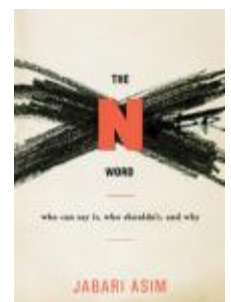
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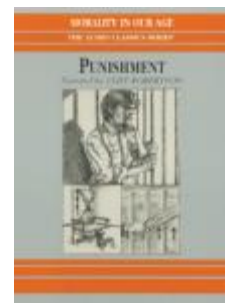
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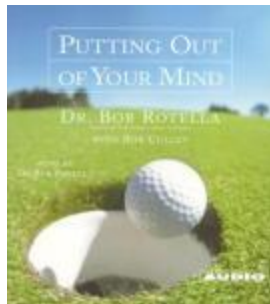


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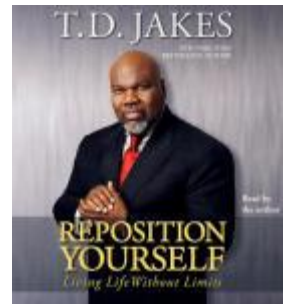
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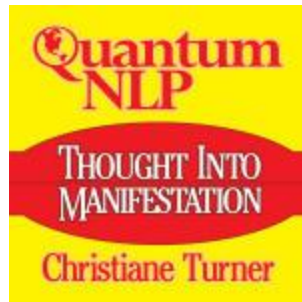
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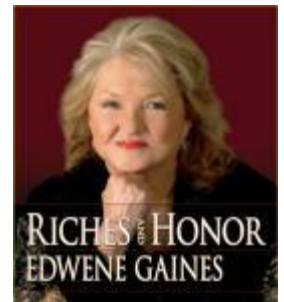
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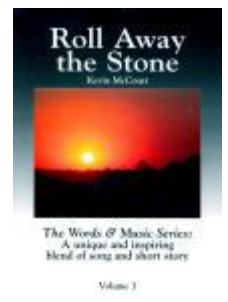
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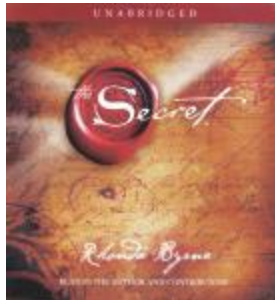
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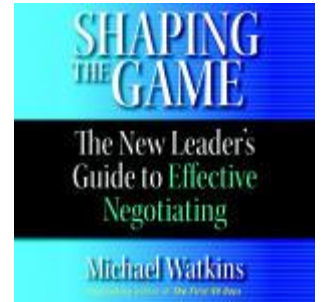
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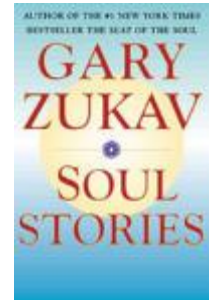
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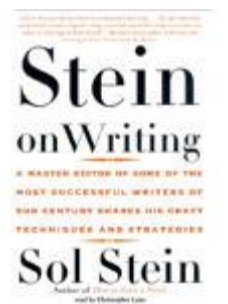
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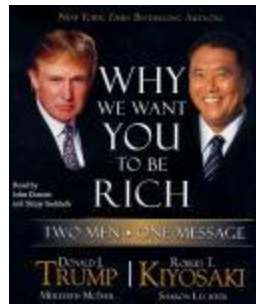
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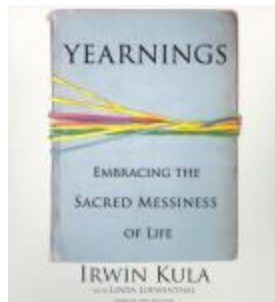
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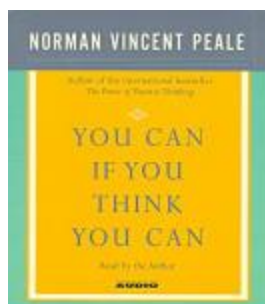
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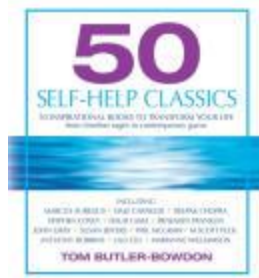
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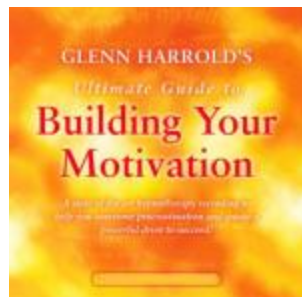
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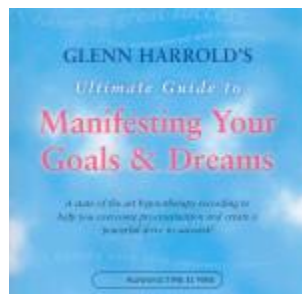
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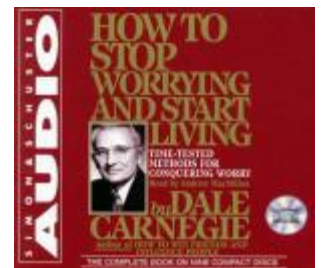
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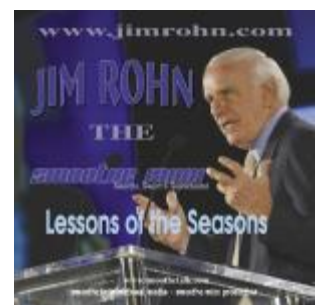
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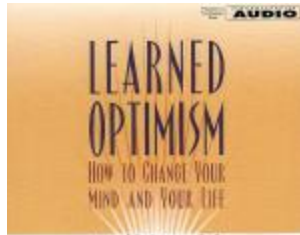


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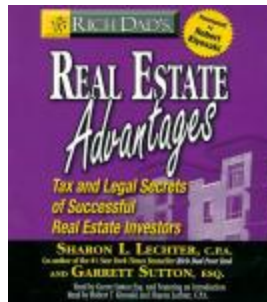
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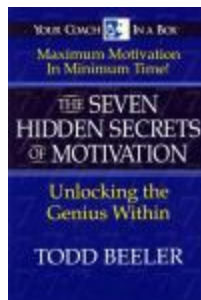
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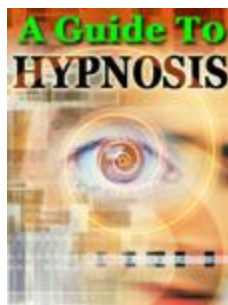
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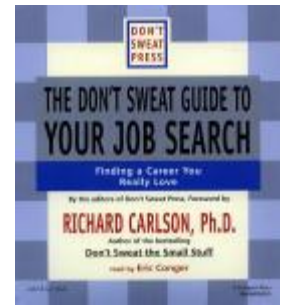
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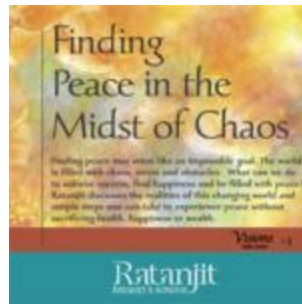
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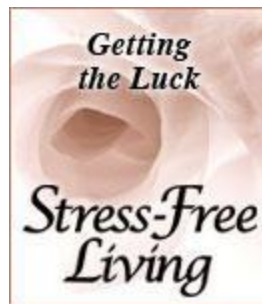
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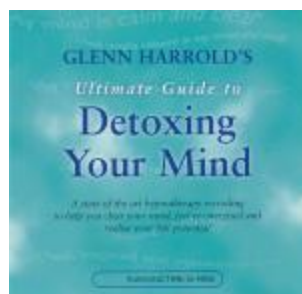
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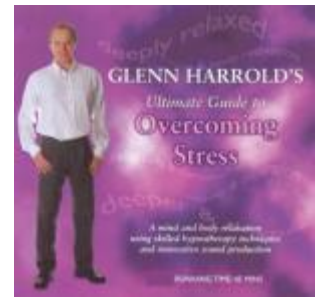
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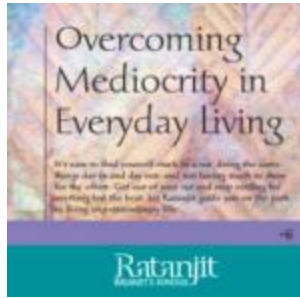
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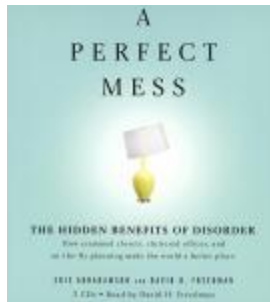
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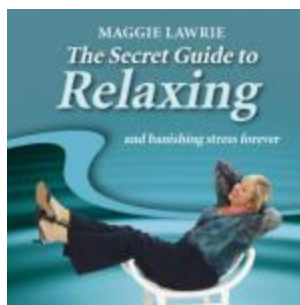
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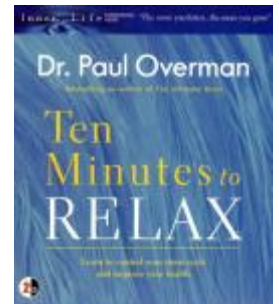
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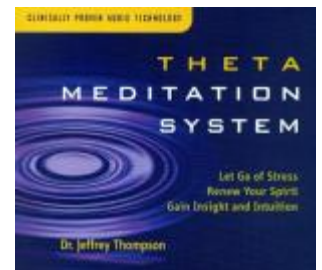
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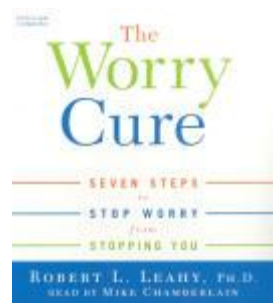
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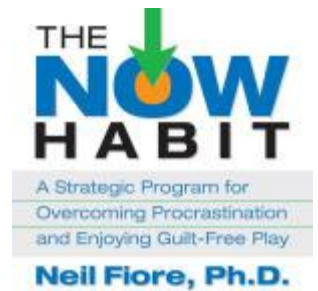
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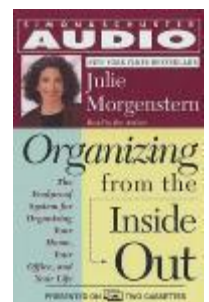
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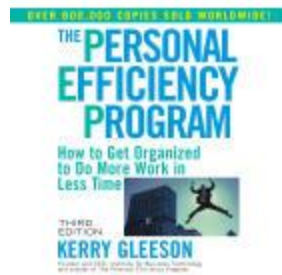


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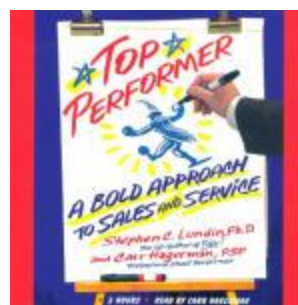
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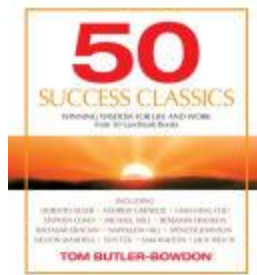
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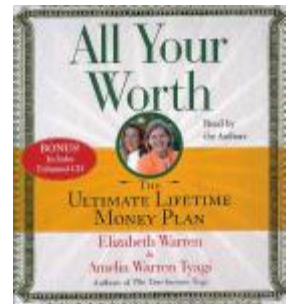
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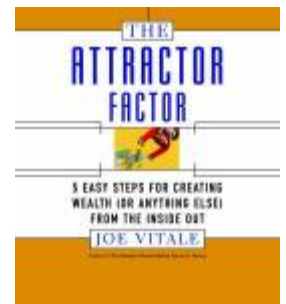
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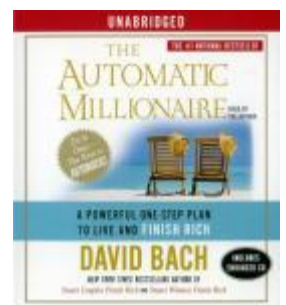
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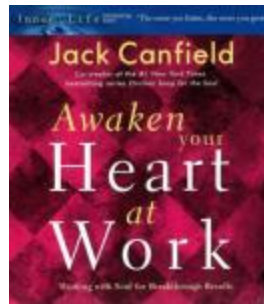
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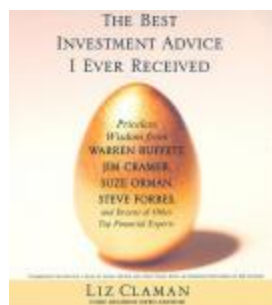
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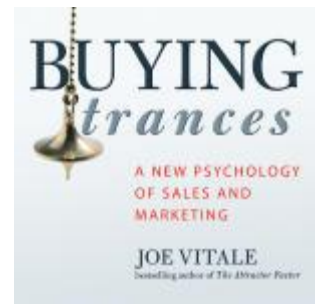
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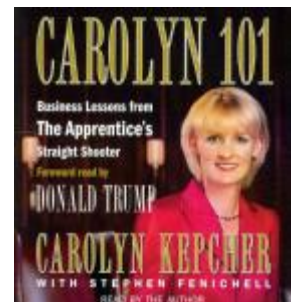
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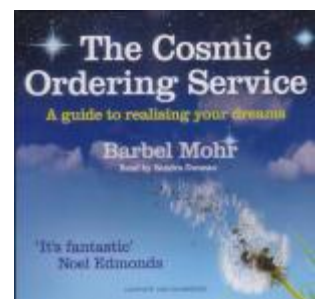
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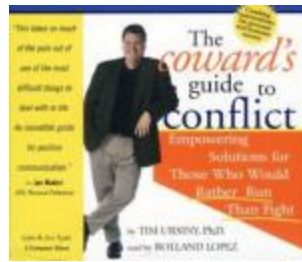


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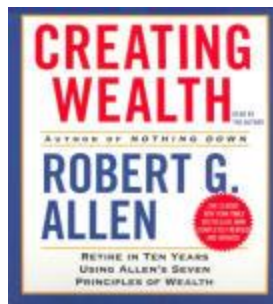
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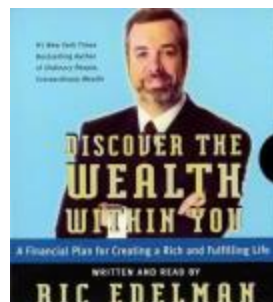
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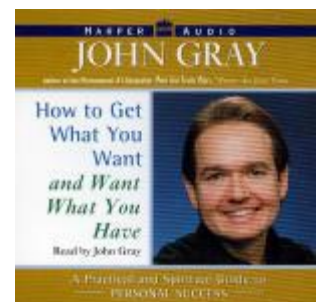
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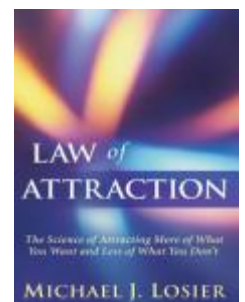
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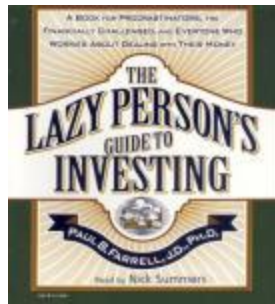
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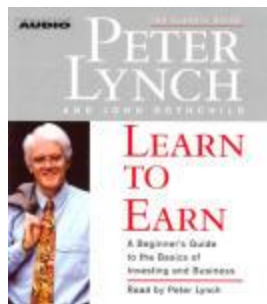
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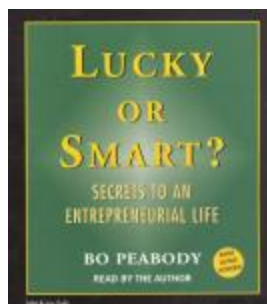
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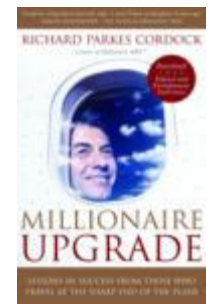
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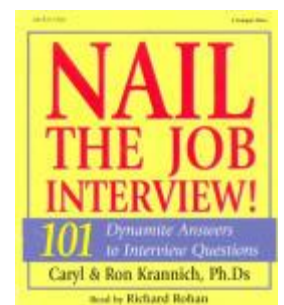
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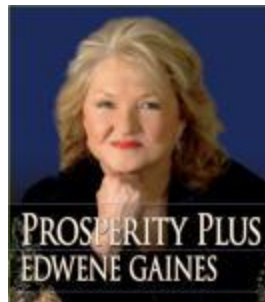
<http://www.talking-book-store.com/Title.aspx?titleId=7201>

**Prosperity Plus**

**Author**  
Edwene Gaines

**Reader**  
Edwene Gaines

**Price**  
\$ 17.98



An audio recording of the Prosperity Plus workshop recorded at Unity of Tucson, AZ.

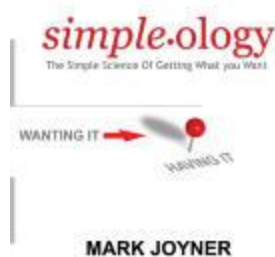
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**Simpleology: The Simple Science of Getting What You Want**

**Author**  
Mark Joyner

**Reader**  
Mark Joyner

**Price**  
\$ 24.98



Now you can and gain financial prosperity, discover a new level of focus on your goals, and truly unlock your potential by following these simple laws:

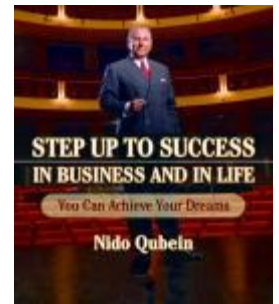
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**Step Up to Success in Business and in Life**

**Author**  
Nido Qubein

**Reader**  
Nido Qubein

**Price**  
\$ 14.98



"I never cease to be impressed with the standard of excellence Nido sets every time he takes to the platform. The mastery of his techniques is equaled only by the content of his messages."

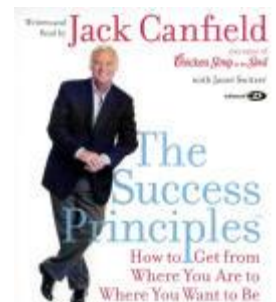
<http://www.talking-book-store.com/Title.aspx?titleId=7798>

**Success Principles, The**

**Author**  
Jack Canfield

**Reader**  
Jack Canfield

**Price**  
\$ 19.95



This audio spells out the timeless principles used by successful men and women throughout history. And the fundamentals are the same for all people and all professions.

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**What Would Machiavelli Do?**

**Author**  
Stanley Bing

**Reader**  
Philip Bosco

**Price**  
\$ 12.95



The focus of What Would Machiavelli Do? is on what works and how to get it done.

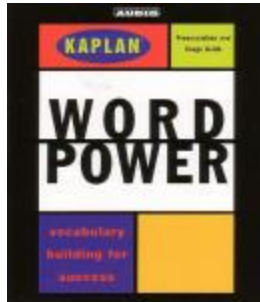
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## Word Power

**Author**  
Various

**Reader**  
Various

**Price**  
\$ 11.95



Kaplan Word Power® is the essential tool to help you expand your daily vocabulary.

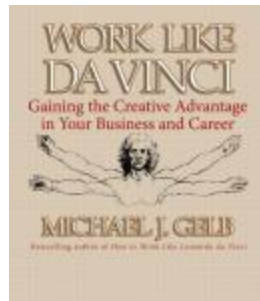
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## Work Like Da Vinci

**Author**  
Michael J. Gelb

**Reader**  
Michael J. Gelb

**Price**  
\$ 22.98



Now, in Work Like Da Vinci, Gelb adapts these principles to the specific demands of the workplace, sharing the innovative solutions to contemporary corporate and career challenges...

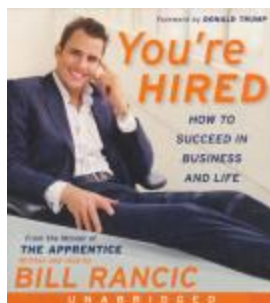
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## You're Hired

**Author**  
Bill Rancic

**Reader**  
Bill Rancic

**Price**  
\$ 19.95



Being on The Apprentice made Rancic an overnight celebrity. But his winning strategies were developed long before that, and in You're Hired, he uses examples from his own life to prove his theories...

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# The Audiobook download CATALOG



Category

**Self Help / Sex &  
Relationships**

### Chicken's Guide to Talking Turkey with Your Kids About Sex, A

**Author**  
Dr. Kevin Leman and Kathy Flores Bell

**Reader**  
Dr. Kevin Leman and Kathy Flores Bell

**Price**  
\$ 11.99



Family commentator and humorist Dr. Kevin Leman and human sexuality expert Kathy Flores Bell team up to write a book for parents on teaching their pub

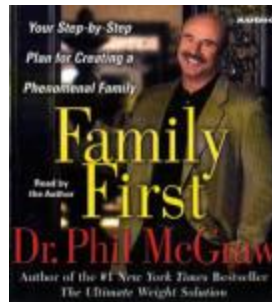
<http://www.talking-book-store.com/Title.aspx?titleId=10409>

### Family First

**Author**  
Phillip C McGraw

**Reader**  
Phillip C McGraw

**Price**  
\$ 15.95



Family First offers you and your family hope - for a phenomenal home life now, and a productive, fulfilling future for your children.

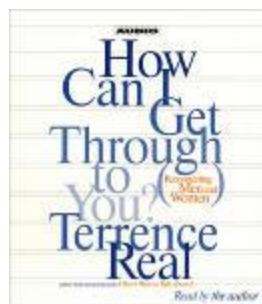
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### How Can I Get Through To You?

**Author**  
Terrence Real

**Reader**  
Terrence Real

**Price**  
\$ 17.95



Bestselling author and nationally renowned therapist Terrence Real unearths the causes of communication blocks between men and women in this groundbreaking work.

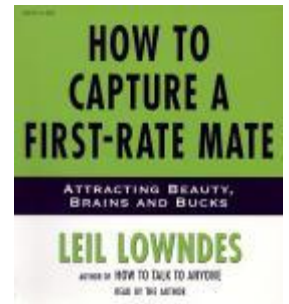
<http://www.talking-book-store.com/Title.aspx?titleId=7391>

### How to Capture a First-Rate Mate

**Author**  
Leil Lowndes

**Reader**  
Leil Lowndes

**Price**  
\$ 21.56



Are you tired of dating the same old losers? Do you justify it by saying: "There's nobody interesting in this town. I don't meet any exciting people in my job." Or "All the good ones are taken".

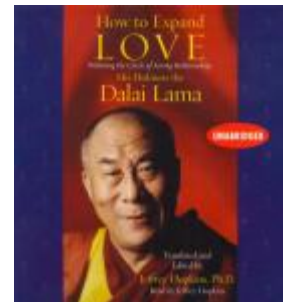
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### How to Expand Love

**Author**  
His Holiness the Dalai Lama and Jeffrey Hopkins

**Reader**  
Jeffrey Hopkins

**Price**  
\$ 17.95



In How to Expand Love, His Holiness the Dalai Lama, winner of the Noble Peace Prize, offers a simple yet illuminating program for transforming self-centered energy into outwardly directed compassion.

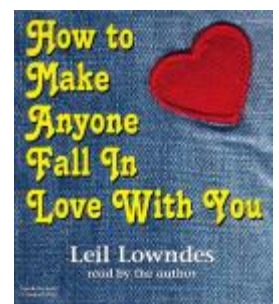
<http://www.talking-book-store.com/Title.aspx?titleId=5166>

### How To Make Anyone Fall In Love With You

**Author**  
Leil Lowndes

**Reader**  
Leil Lowndes

**Price**  
\$ 21.55

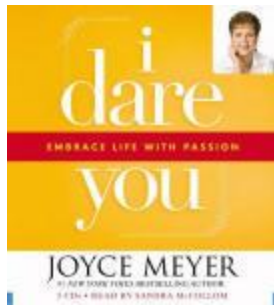


Bestselling author and internationally acclaimed communications expert Leil Lowndes provides you will a no-nonsense, surefire guide to romantic bliss.

<http://www.talking-book-store.com/Title.aspx?titleId=11555>

**I Dare You: Embrace Life With Passion**

**Author**  
Joyce Meyer



**Reader**  
Sandra McCollom

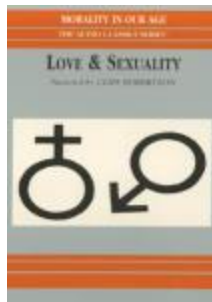
**Price**  
\$ 20.99

In Joyce's latest message, she issues the challenge to embrace life with passion. However, she cautions that passion must also have purpose.

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**Love and Sexuality**

**Author**  
Dr. Robert Solomon



**Reader**  
Cliff Robertson and Robert Guillaume

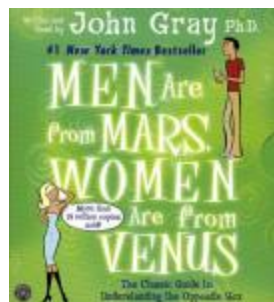
**Price**  
\$ 12.95

Love and sex provide two of the primary motives of human life; the need for intimate human contact and to propagate our species. Sex is a powerful, sometimes irrational urge or instinct, but as rat...

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**Men are from Mars, Women are from Venus**

**Author**  
John Gray



**Reader**  
John Gray

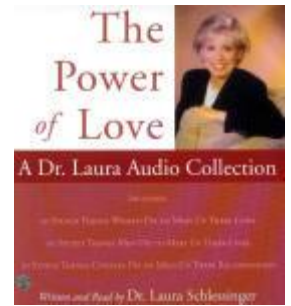
**Price**  
\$ 13.95

The classic guide to understanding the opposite sex.

<http://www.talking-book-store.com/Title.aspx?titleId=907>

**Power of Love, The**

**Author**  
Dr Laura Schlessinger



**Reader**  
Dr Laura Schlessinger

**Price**  
\$ 16.95

The thought-provoking advice that has made Dr. Laura one of America's most listened to authorities on relationships.

<http://www.talking-book-store.com/Title.aspx?titleId=1999>

**Proper Care & Feeding of Husbands, The**

**Author**  
Dr Laura Schlessinger



**Reader**  
Dr Laura Schlessinger

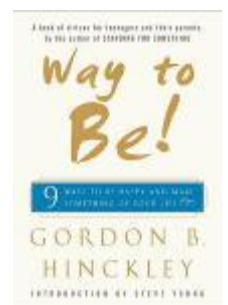
**Price**  
\$ 12.95

With real-life examples -- and real-life solutions -- Dr. Laura's simple principles have changed the lives of millions. Now they can change yours.

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**Way To Be**

**Author**  
Gordon B. Hinckley



**Reader**  
Robb Webb

**Price**  
\$ 7.95

From one of the world's foremost spiritual leaders, an inspiring audiobook that provides young adults and their parents with a game plan for leading a better life.

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## What Every Woman Wants in a Man

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**Author**

John Hagee and Diana Hagee

**Reader**

J. Charles and Sandra Burr

**Price**

\$ 24.95



Renowned author and pastor John Hagee and his wife Diana share their insights on communicating as part of a couple.

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**Self Help / Health & Fitness**

**Break The Smoking Habit**

**Author**  
Andrew Johnson

**Reader**  
Andrew Johnson

**Price**  
\$ 10.00



A 32 minute Hypnosis CD designed to help dissolve the habits associated with smoking.

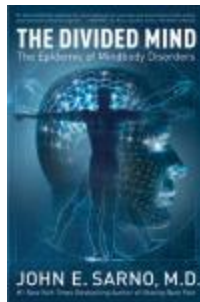
<http://www.talking-book-store.com/Title.aspx?titleId=9828>

**Divided Mind, The: The Epidemic of Mindbody Disorders (Abridged)**

**Author**  
John E. Sarno M.D.

**Reader**  
Paul Hecht and James Boles

**Price**  
\$ 19.95



From the #1 New York Times bestselling author of Healing Back Pain comes the book that will change...

<http://www.talking-book-store.com/Title.aspx?titleId=5399>

**Driven to Distraction**

**Author**  
Edward M Hallowell and John J Ratey

**Reader**  
Edward Hallowell

**Price**  
\$ 9.95



Doctors Edward R. Hallowell and John J. Ratey highlight forms and symptoms of Attention Deficit Disorder, a must have for all those interested in the workings of the human mind.

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**Eflexx Sound Meditation, The**

**Author**  
Mike Angulo

**Reader**  
Mike Angulo

**Price**  
\$ 9.98



This Audio Program will teach you how to meditate so that you can dissolve Stress, Anxiety, Anger, Depression and Sorrow in less than 30 minutes a day!

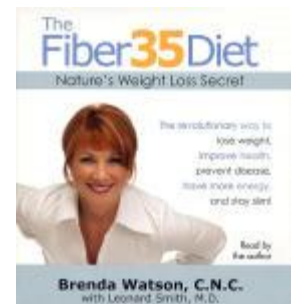
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**Fiber 35 Diet, The**

**Author**  
Brenda Watson C.N.C.,  
Leonard Smith M.D

**Reader**  
Brenda Watson

**Price**  
\$ 17.95



The Fiber35 Diet is a revolutionary new way of eating that will help you take charge of your health and change your life forever.

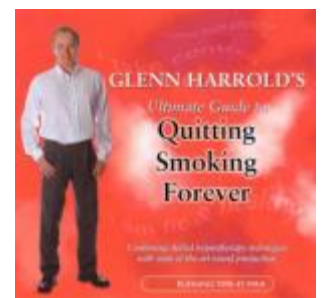
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**Glenn Harrold's Ultimate Guide Quitting Smoking Forever**

**Author**  
Glenn Harrold

**Reader**  
Glenn Harrold

**Price**  
\$ 7.49



Combining skilled hypnotherapy techniques with high quality creative sound effects

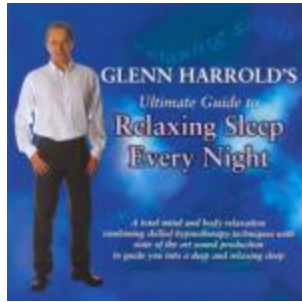
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**Glenn Harrold's Ultimate Guide to Relaxing Sleep Every Night, The**

**Author**  
Glenn Harrold

**Reader**  
Glenn Harrold

**Price**  
\$ 4.99



A total mind and body relaxation using skilled hypnotherapy techniques that can help guide you into a deep and relaxing sleep

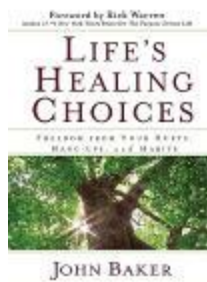
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**Life's Healing Choices**

**Author**  
John Baker

**Reader**  
John Baker

**Price**  
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Promising freedom from life's hurts, hang-ups, and habits, this life-changing program assures listeners that true happiness can be theirs, if they will chose it; for happiness truly is a choice.

<http://www.talking-book-store.com/Title.aspx?titleId=12736>

**Optimum Mind & Body Performance Series: Managing Emotions**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Manage your emotions utilizing original Interactive Self-Hypnosis. Learn to respond instead of react. Release stress & open your creative mind for success.

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**Optimum Mind Performance Series: Staying Mentally Well After Divorce**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Utilize the power of your own mind to stay mentally well after divorce. Manage thoughts & emotions, while planting images of what you want utilizing original Interactive Self-Hypnosis.

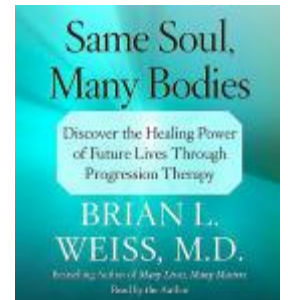
<http://www.talking-book-store.com/Title.aspx?titleId=9645>

**Same Soul, Many Bodies**

**Author**  
Brian L. Weiss

**Reader**  
Brian L. Weiss

**Price**  
\$ 15.95



The life-affirming values of empathy, compassion, non-violence, patience, and spirituality--and will prove as utterly fascinating as it is instructive

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**Sports Enhancement Series: Winning the Mind Game - Tennis Performance**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Enhance your tennis performance by winning the mind game with Interactive Self-Hypnosis.

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## You On a Walk

**Author**

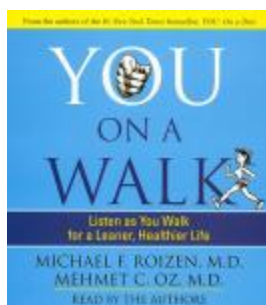
Michael F. Roizen, M.D. &  
Mehmet C. OZ, M.D.

**Reader**

Michael F. Roizen, M.D. &  
Mehmet C. OZ, M.D.

**Price**

\$ 11.95



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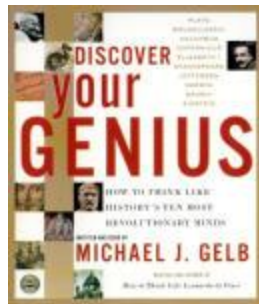
**Self Help / Creativity**

**Discover Your Genius**

**Author**  
Michael J. Gelb

**Reader**  
Michael J. Gelb

**Price**  
\$ 16.95



In Discover Your Genius, Michael J. Gelb draws upon the wellspring of history's most revolutionary minds to guide you to unleash your own creativity.

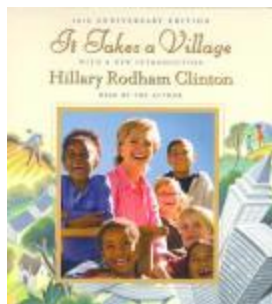
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**It Takes a Village**

**Author**  
Hillary Rodham Clinton

**Reader**  
Hillary Rodham Clinton

**Price**  
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Senator Clinton reflects on how our village has changed over the last decade - from the impact of the Internet to new research in early child development and education

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**Learn Interactive Self-Hypnosis Series: Inner Exploration - Miracle Making Workshop**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Inner explore your subconscious mind & program for miracle making with Interactive Self-Hypnosis

<http://www.talking-book-store.com/Title.aspx?titleId=10373>

**Learn Interactive Self-Hypnosis Series: Inner Exploration - Country Town Workshop**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Program your own subconscious mind utilizing creative metaphors. Reach your goals quickly & effortlessly.

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**Learn Interactive Self-Hypnosis Series: Inner Exploration - Inducing Dreams Workshop**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Inner explore your subconscious & work directly with your dream states utilizing Interactive Self-Hypnosis

<http://www.talking-book-store.com/Title.aspx?titleId=11781>

**Learn Interactive Self-Hypnosis Series: Automatic Writing & Inner Journaling**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Inner explore your subconscious mind with automatic writing & inner journaling utilizing creative Interactive Self Hypnosis

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**Learn Interactive Self-Hypnosis Series:  
Designing Metaphors or Hypnotic  
Suggestions**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Building metaphors or subconscious mind suggestions for high level health & performance.

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**Learn Interactive Self-Hypnosis: Inner  
Exploration - Age Regression & Future  
Pacing**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Utilize your past, present & future subconscious mind programs for reaching your goals.

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**Learn Interactive Self-Hypnosis Series:  
Inner Exploration - The Crystal Cathedral**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Experience inner self-growth through the hypnotic metaphor of the Crystal Cathedral.

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**Learn Interactive Self-Hypnosis: Inner  
Exploration - The Board Meeting Workshop**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Work hypnotically with your inner guides or Board Members. Open your creative edge...

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**Learn Interactive Self-Hypnosis Series:  
Inner Exploration - The Mountain**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Inner explore your subconscious through the mountain metaphor. See reality & change what you choose.

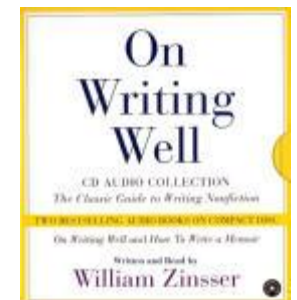
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**On Writing Well**

**Author**  
William Zinsser

**Reader**  
William Zinsser

**Price**  
\$ 11.95



This expanded collection presents William Zinsser's On Writing Well, the classic teaching book that has sold more than 1 million copies, together with a new 90-minute section.

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**Optimum Mind & Body Performance Series: Diminishing & Enhancing Emotional States**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Emotions can make you or break you. This program is designed in original Interactive Self-Hypnosis to assist you in programming both diminishing & enhancing your emotions.

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**Optimum Mind Performance Series: Affirmations for Enhancing Self-Image**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Enhance your self-image with the power of affirmations that are planted directly into your own subconscious mind.

<http://www.talking-book-store.com/Title.aspx?titleId=5626>

**Optimum Mind Performance Series: Affirmations for Making Changes**

**Author**  
Elizabeth Bohorquez, RN,C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Move out of fear & into self-confidence, making it easier to change course. Practice Interactive Self-Hypnosis & direct your life towards success at every turn.

<http://www.talking-book-store.com/Title.aspx?titleId=5102>

**Optimum Mind Performance Series: Enhancing Creativity**

**Author**  
Elizabeth Bohorquez, RN, C.Ht

**Reader**  
Elizabeth Bohorquez, RN, C.Ht

**Price**  
\$ 19.95



Enhance your own creativity with the power of your own mind. Utilize original Interactive Self-Hypnosis to design active images of what you want to achieve & walk a new life path.

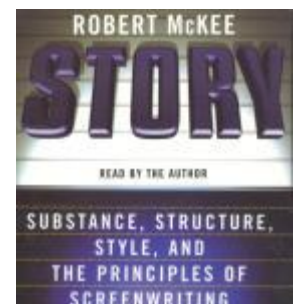
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**Story**

**Author**  
Robert McKee

**Reader**  
Robert McKee

**Price**  
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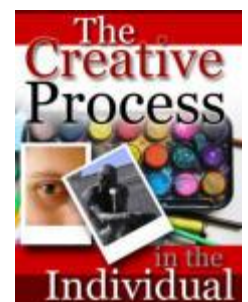
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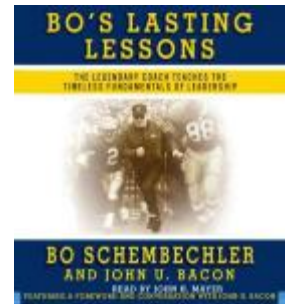
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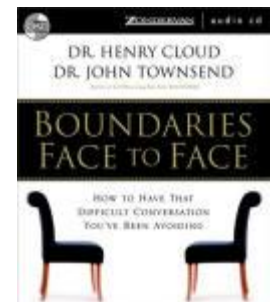
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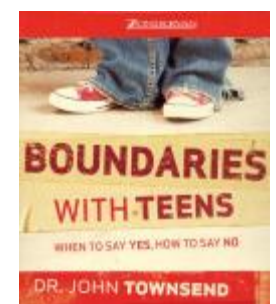
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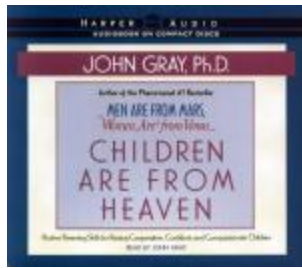


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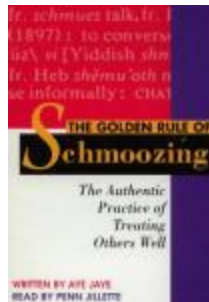
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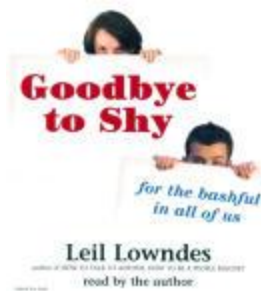
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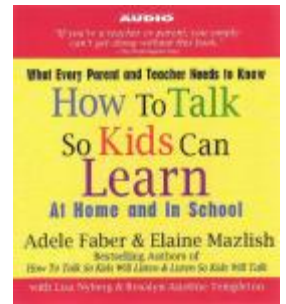
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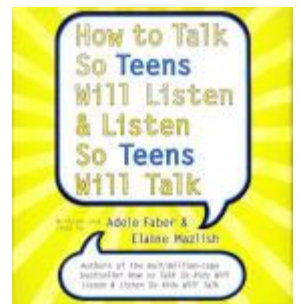
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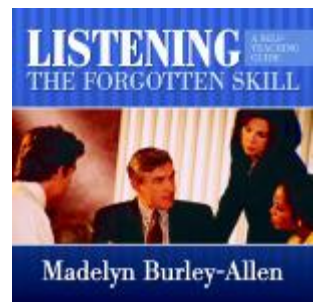
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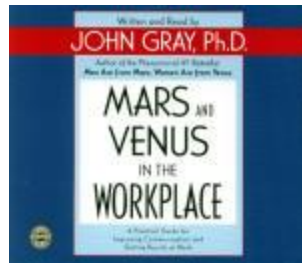
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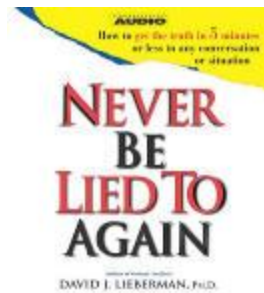
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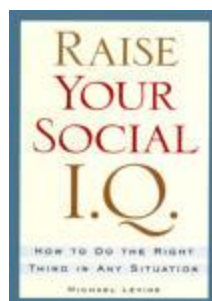
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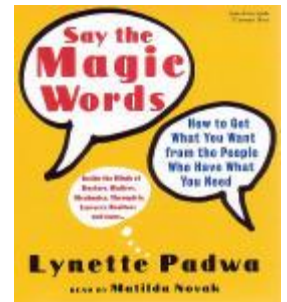
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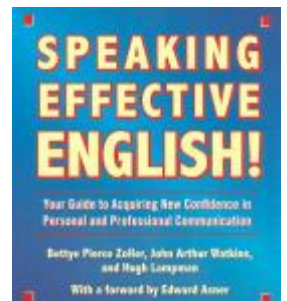
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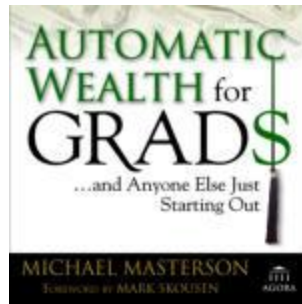
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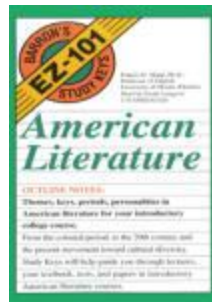
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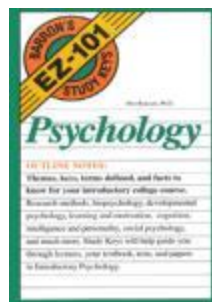
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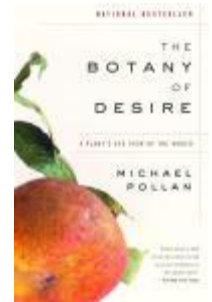
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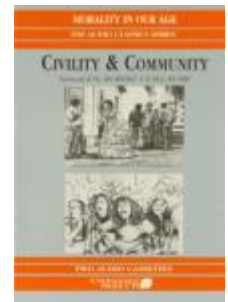
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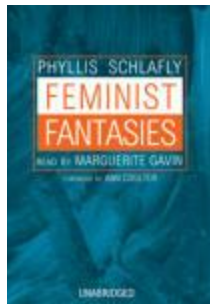
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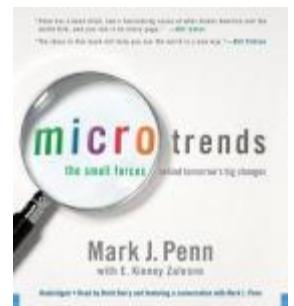
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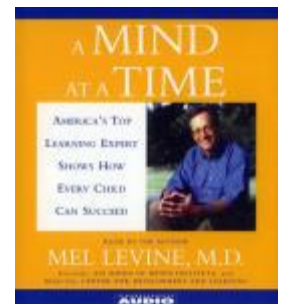
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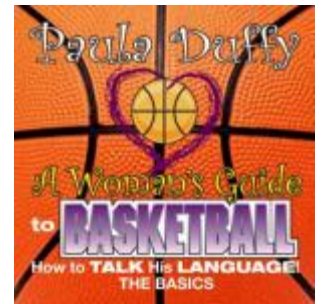
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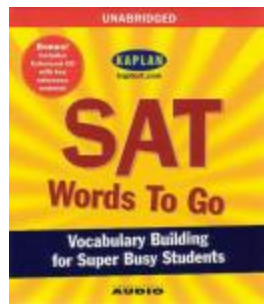
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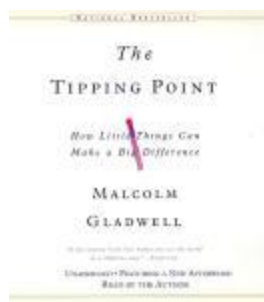
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